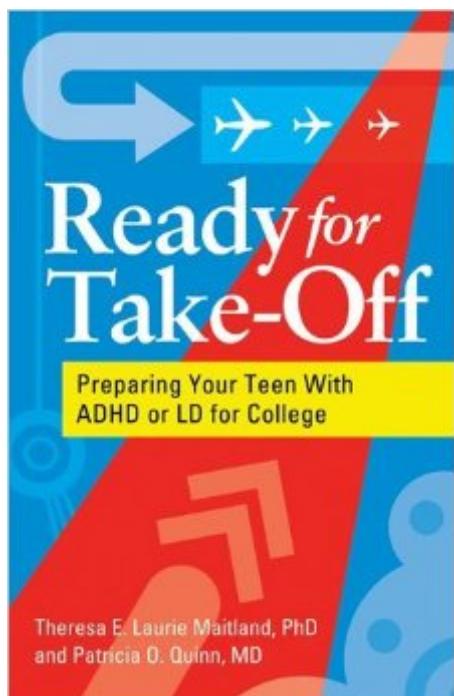


The book was found

# Ready For Take-Off: Preparing Your Teen With ADHD Or LD For College



## **Synopsis**

In today's world, getting accepted to college is only half of the battle. Staying in there is another matter altogether. And for students with ADHD or learning disabilities, staying, thriving, and graduating from college can be very challenging even for the most academically prepared students. *Ready for Take-Off* lays out a plan to keep students with ADHD or LD in college by first teaching parents to prepare their teen for take-off and their first solo flight away from the home. This essential resource encourages parents to adopt a unique coaching-style approach in their parenting and urges parents to stop micromanaging their teens' day-to-day life. Using college readiness surveys and handy worksheets, parents can objectively determine if they are playing a productive or nonproductive role in their teenagers' life and learn ways to promote self-determination, daily living and academic skills by using the time in high school to help their teen be ready for take-off in their teen while their teen is still in high school.

## **Book Information**

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## **Customer Reviews**

Is your child bright enough for college but needs your help to get through the daily grind of high school? Do you worry whether she or he will thrive on campus alone? Me, too. That's why it was such a relief to find this book. *Ready for Take-Off* provides a checklist of specific college survival skills and advice on coaching your child to acquire them. Dr. Maitland's goal is to help you gradually put your teen in charge of managing his or her own life so the transition to college will go more smoothly. I wish schools would put this book in the hands of all parents of teens with ADD or LD.

Good to read, best to buy in the senior year of high school though. It has a lot of great information about things to do to prepare them to leave, but that those need to be started long before you pack the car. I wish we would have read it earlier as many of the challenges that she warns about have presented themselves in our college freshman.

With college, focus is more important than ever. "Ready for Take-off: Preparing Your Teen with ADHD or LD for College" is a guide for parents who want to prepare their children with attention-deficit hyperactivity disorder and other learning disabilities get the full benefits of their college education, to succeed and get their diploma to be prepared for adult life. "Ready for Take-Off" is a useful resource for parents, strongly recommended.

Excellent! The authors of this book are absolutely dead on with their experience and insight on ADHD, LD students and recommendations for planning now, complete with discussion points and planning outlines, for the critical transition to college. This book was easy to read and it is organized in a very useful, practical manner. I have shared it with all of the parents I know facing a similar college transition with their ADHD and or LD teenager. I highly recommend.

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